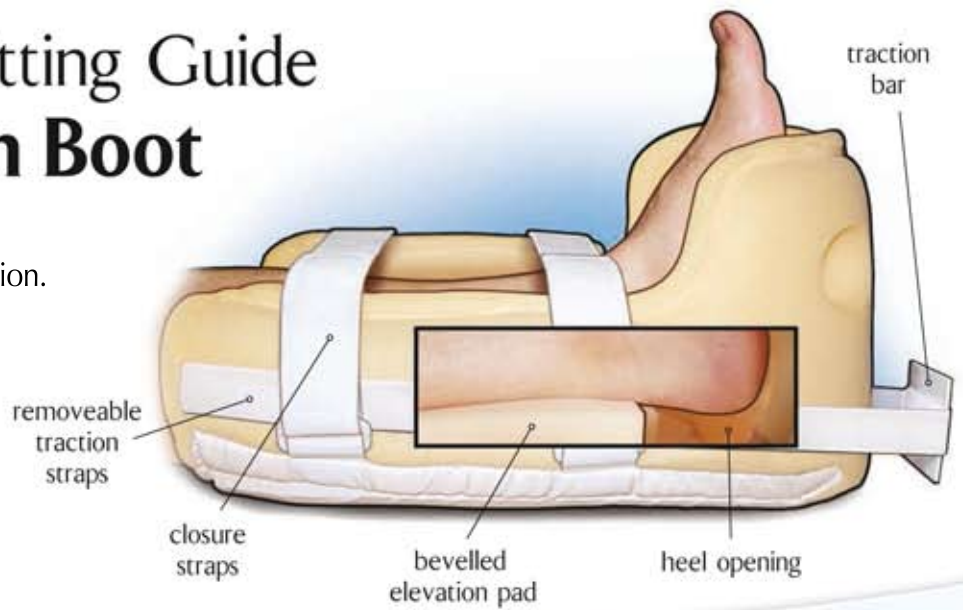


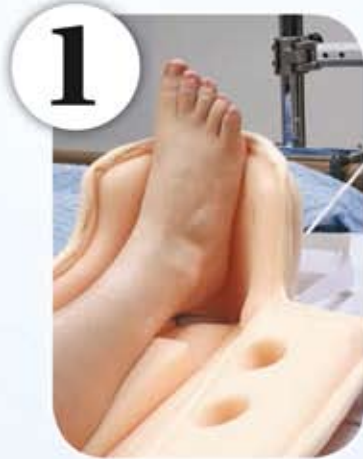
Application and Fitting Guide

Heelift® Traction Boot

- Allows up to 10 lbs of straight skin traction.
- Made of latex-free polyurethane foam.
- Single-patient use only.



Easy Application and Fit



1 Place foot inside boot with the heel above the opening.



2 Thread straps through D-rings. Secure the straps. **APPLY STRAPS LOOSELY.**



3 Test the fit under straps and heel opening. Boot should not move on the leg.

Traction Device Application



4 Slide rope through the bar. Double knot the shorter rope end to the longer strand of rope.



5 Pass rope through traction pulley on cross bar. Create one inch diameter loop in the rope with a double square knot (not a slip knot) just beyond the pulley. Attach a weight hanger.



6 Elevate traction bar so leg and boot are ¼ inch above the bed. Finger should fit between heel opening and bed.

Optional Customisation

View customising details at:
http://vmorthotics.co.uk/hl_customize.php

Care Instructions



Hand Wash Machine Wash Machine Dry



Autoclave

Sanitise



After Surgery (keep the boot available)

1



Remove the hook-and-loop traction straps from the sides of the boot.

2



Converts boot into a pressure ulcer prevention device. Use throughout post operative rehabilitation.

INNOVATORS IN PRESSURE ULCER SOLUTIONS

Heelift® Glide Suspension Boot



Heelift® Suspension Boot



Heelift® AFO Boot



Elbowlift® Suspension Pad



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