



The Multifit Range of Orthopaedic Devices



ORTHOTICS LTD

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About Us

Situated in the heart of beautiful Suffolk, V-M Orthotics Ltd started out as, and remains, a family run business. We have been operating since 1985 and have accrued a wealth of expertise within the Orthotics industry over many years. We manufacture and supply our own series of Multifit products and source a variety of innovative products to complement our existing catalogues which are included in this stand-alone brochure.

Our customers are drawn from across the healthcare spectrum, ranging from community and hospital based NHS establishments, trade companies, care homes as well as members of the public.

We pride ourselves on our excellent customer service with well-trained staff, responsive to customer needs. We carry comprehensive stock levels enabling us to offer a prompt and efficient delivery service with competitive prices that are available to all.

As well as our own range of orthopaedic goods, we are long established distributors of both the DARCO and HEELIFT range of products and enjoy a very close working relationship with both companies.

We continue to grow from strength to strength, finding new products and ways to enhance our service. We regularly attend national conferences and organise workshops and training events with our valued customers. Please just get in touch if you have any questions about where we are exhibiting or if you have a query about possible study / training days.

Multifit Achilles Drop Foot Orthosis



The Multifit Achilles is an adjustable, ready-made drop foot orthosis. Because of the versatility of this product, a wide range of patients can be fitted for their appropriate size from a very small stock holding.

Designed and manufactured in the UK, the Achilles is vacuum-formed from a lightweight polymer with high fatigue resistance, and is available in opaque white or black.

2 sizes available in left or right

Size	U.K. Shoe Size	Product Code
Extra Small / Small	2 - 5	MA1L / MA1R
Medium / Large	6 - 11	MA2L / MA2R

When ordering black, please prefix code with 'B' - e.g. BMA

The Achilles is fitted with a PVC strap, pad, buckle and press-stud fastenings as standard unless the Velcro® type is specifically stated, using the prefix TNC on our product codes e.g. TNCMA2L

- > a ventilated foot section with tapered leading edge for comfort and ease of trimming
- > heel section contains a special cut-out feature to minimise pressure areas and reduce shoe fitting problems
- > back stem features a simple to use built-in height adjustment facility
- > calf strap and calf band allow flexibility over a wide range of calf circumferences with simple press stud or Velcro® fastenings on each side. Replacements are available in both options – please see the separate price list for the relevant codes
- > a detachable Velcro® padded ankle strap is available that can easily be fitted to new or existing orthoses. This universal strap can be trimmed to length and attached to fasten left or right. It is washable, comfortable, and accommodates a wide range of conditions.

Multifit Alliance Drop Foot Orthosis



The Multifit Alliance is a fully functional drop foot orthosis available in four sizes.

Designed and manufactured in the UK, the Alliance is vacuum-formed from a lightweight polymer with high fatigue resistance, and is available in opaque white or black.

4 sizes available in left or right

Size	Height	U.K. Shoe Size	Product Code
Small	31.4 cm (12 3/8")	2 - 4	ADFO1L / ADFO1R
Medium	33.7 cm (13 1/4")	5 - 7	ADFO2L / ADFO2R
Large	34.3 cm (13 1/2")	8 - 9	ADFO3L / ADFO3R
Extra Large	36.8 cm (14 1/2")	10 +	ADFO4L / ADFO4R

When ordering black, please prefix code with 'B' - e.g. BADFO1L

The Alliance is fitted with a PVC strap, pad, buckle and press-stud fastenings as standard unless the Velcro® type is specifically stated, using e prefix TNC on our product codes e.g. TNCADFO2L

- > a ventilated foot section designed to fit interior contours of suitable footwear
- > heel section contains a special cut-out feature to minimise pressure areas and reduce shoe fitting problems
- > slender contoured back stem with flared top edge calf band
- > calf strap and calf band allow adjustable flexibility over a wide range of calf circumferences with simple press stud or Velcro® fastenings on each side. Replacements are available in both options – please see the separate price list for the relevant codes
- > a detachable Velcro® padded ankle strap is also available which can be easily fitted to new or existing orthoses. This universal strap can be trimmed to length and attached to fasten left or right. It is washable, comfortable, and accommodates a wide range of conditions.

Multifit Full Foot Alliance Drop Foot Orthosis



The Multifit Full Foot Alliance is a functional drop foot orthosis available in four sizes and is the full foot version of the standard Alliance.

Designed and manufactured in the UK, the Alliance is vacuum-formed from a lightweight polymer with high fatigue resistance, and is available in opaque white or black.

4 sizes available in left or right

Size	Height	U.K. Shoe Size	Product Code
Small	31.4 cm (12 3/8")	2 - 4	FFADFO1L / FFADFO1R
Medium	33.7 cm (13 1/4")	5 - 7	FFADFO2L / FFADFO2R
Large	34.3 cm (13 1/2")	8 - 9	FFADFO3L / FFADFO3R
Extra Large	36.3 cm (14 1/4")	10 +	FFADFO4L / FFADFO4R

When ordering black, please prefix code with 'B' - e.g. BFFADFO1L

The Alliance is fitted with a PVC strap, pad, buckle and press-stud fastenings as standard unless the Velcro® type is specifically requested, in which case please use the prefix TNC on the product code e.g. TNCFFADFO2L

- > a ventilated foot section designed to fit interior contours of suitable footwear
- > heel section contains a special cut-out feature to minimise pressure areas and reduce shoe fitting problems
- > slender contoured back stem with flared top edge calf band
- > calf strap and calf band allow adjustable flexibility over a wide range of calf circumferences with simple press stud or Velcro® fastenings on each side. Replacements are available in both options – please see the separate price list for the relevant codes
- > a detachable Velcro® padded ankle strap is also available which can be easily fitted to new or existing orthoses. This universal strap can be trimmed to length and attached to fasten left or right. It is washable, comfortable, and accommodates a wide range of conditions.

Multifit Economy Drop Foot Orthosis



The Multifit Economy is an affordable but functional drop foot orthosis available in four sizes.

Designed and manufactured in the UK, the Economy is vacuum-formed from a lightweight polymer with high fatigue resistance, and is available in opaque white or black.

4 sizes available in left or right

Size	Height	U.K. Shoe Size	Product Code
Small	31.4 cm (12 3/8")	2 - 4	EDFO1L / EDFO1R
Medium	33.7 cm (13 1/4")	5 - 7	EDFO2L / EDFO2R
Large	34.3 cm (13 1/2")	8 - 9	EDFO3L / EDFO3R
Extra Large	35.6 cm (14 ")	10 +	EDFO4L / EDFO4R

When ordering black, please prefix code with 'B' - e.g. BEDFO1L

The Economy is fitted with a pad and Velcro® fastenings as standard

- > foot section designed to fit interior contours of suitable footwear
- > sturdy heel section fits snugly into the shoe for maximum support and comfort
- > slender contoured back stem with flared top edge calf band which can be adjusted with hot air to achieve minor set changes and provide the correct degree of flexion
- > padded calf strap and calf band allow adjustable flexibility over a wide range of calf circumferences with a simple Velcro® fastening
- > replacement calf straps are available - please see the separate price list for the relevant code.

Multifit Full Foot Economy Drop Foot Orthosis



The Multifit Full Foot Economy is a functional drop foot orthosis available in four sizes and is the full foot version of the standard Economy.

Designed and manufactured in the UK, the Economy is vacuum-formed from a lightweight polymer with high fatigue resistance, and is available in opaque white or black.

4 sizes available in left or right

Size	Height	U.K. Shoe Size	Product Code
Small	31.4 cm (12 3/8")	2 - 4	FFEDFO1L / FFEDFO1R
Medium	33.7 cm (13 1/4")	5 - 7	FFEDFO2L / FFEDFO2R
Large	34.3 cm (13 1/2")	8 - 9	FFEDFO3L / FFEDFO3R
Extra Large	36.3 cm (14 1/4")	10 +	FFEDFO4L / FFEDFO4R

When ordering black, please prefix code with 'B' - e.g. BFFEDFO1L

The Economy is fitted with a pad and Velcro® fastenings as standard

- > foot section designed to fit interior contours of suitable footwear
- > sturdy heel section fits snugly into the shoe for maximum support and comfort
- > slender contoured back stem with flared top edge calf band which can be adjusted with hot air to achieve minor set changes and provide the correct degree of flexio
- > padded calf strap and calf band allow adjustable flexibility over a wide range of calf circumferences with a simple Velcro® fastening
- > replacements calf straps are available - please see the separate price list for the relevant code.

Multifit H V Support



The Multifit H V Support is an adjustable, corrective orthosis. It is used post-operatively and for the gentle and comfortable relief of symptoms accompanying hallux valgus and other similar, painful conditions associated with the big-toe joint.

The H.V. support is manufactured in lightweight, "cushion-soft", Neoprene and has many design advantages including usage by day or night. It can be worn under suitable footwear and is machine washable for convenient, long-life hygiene.

4 sizes available in left or right

Size	U.K. Shoe Size	Product Code
Extra Small	2	HV1L / HV1R
Small	3 - 4	HV2L / HV2R
Medium	5 - 7	HV3L / HV3R
Large	8 - 10	HV4L / HV4R

- > toe section has a comfortable opening designed to relieve any pressure on the big toe nail
- > the correct fit relating to foot length and circumference, together with the degree of corrective action, is automatically achieved when the support is adjusted
- > the support is neatly and securely held in place by simple Velcro® fastenings.

Multifit Heel Elevator



Designed by orthotists who require an economic, instantly adjustable ready-made heel raising device. They needed a heel wedge that eliminated the need for a large stock holding and which can be instantly fitted. The Multifit Heel Elevator satisfies both criteria.

This product has been proved to save time and money. Each of the two sizes can be adjusted from 15mm down to 3mm by simply peeling off each of the 3mm layers. This orthosis can be used to rectify the uneven gait caused by discrepancies in leg-length and Achilles Tendonitis repairs.

In some circumstances, it has also been found to reduce back pain associated with posture problems.

The Heel Elevator is bi-lateral and is sold singularly.

2 sizes available

Size	U.K. Shoe Sizes	Width	Length	Product Code
Extra Small / Small	3 – 8 ½	5.5cm (2 ¼")	11.0cm (4 ¾")	HE1
Medium / Large	9 – 12	7.0cm (2 ¾")	13.0cm (5 ½")	HE2

- > clinical trials have proven that 15mm of internal lift is the maximum depth accepted for normal footwear. Using the peel-away layers, the Heel Elevator can be reduced gradually to fit the required height. Due to the active nature of the adhesive, it is possible to reconstruct the layers during the fitting process
- > a laminate consisting of firm EVA foam with an adhesive coating between the layers. The upper surface is covered with velour fabric and it is hand washable
- > because the layers peel from the underside of the Heel Elevator, the tapered leading edge remains the same irrespective of the number of layers removed, as does the upper fabric covering and the radiused back edge.

Multifit Contoured Wrist Support



This adjustable wrist support provides motion restriction to the wrist but allows free movement of the fingers and thumb for functionality and therapy purposes. Available in black, for a left or right hand fit.

5 sizes available in left or right

Size	Wrist Circumference	Length	Product Code
Extra Small	10.0cm to 12.7cm (4" to 5")	19.0cm (7 ½")	CWS0L / CWS0R
Small	12.7cm to 15.2cm (5" to 6")	19.0cm (7 ½")	CWS1L / CWS1R
Medium	15.2cm to 17.8cm (6" to 7")	19.5cm (7 ¾")	CWS2L / CWS2R
Large	17.8cm to 20.3cm (7" to 8")	19.5cm (7 ¾")	CWS3L / CWS3R
Extra Large	20.3cm + (8" +)	20.0cm (7 ¾")	CWS4L / CWS4R

- > the support is made from a breathable nylon and stockinette fabric that is comfortable and fully washable
- > it is an adjustable support with Velcro® straps and can be slipped on to maintain its position for ease of fastening and adjustment
- > the removable and re-shapable aluminium palmar splint is enclosed in a durable fabric pocket.

Multifit Philadelphia Collar



The Multifit Philadelphia Collar is a lightweight, two-piece collar suitable for a number of conditions including Spondylitis, Spondylosis, Rheumatoid Arthritis & Osteoarthritis, as well as post-operative control of extension/flexion.

The two-piece moulded construction of this collar allows for an adjustable but comfortable support which is made from non-toxic hypoallergenic Plastazote.

The Philadelphia Collar features an easy to use Velcro fastening and is available in a choice of two collar depths – 3.25 inches & 4.25 inches in a variety of sizes according to neck circumference. The height measurement is taken from the sternal notch to the chin.

Size	Neck Circumference	Front Depth	Product Code
Small	25.4cm - 33.0cm (10"-13")	8.3cm (3 ¼")	PCC1 / 325
Medium	33cm – 40.6cm (13" – 16")	8.3cm (3 ¼")	PCC2 / 325
Large	40.6cm – 48.3cm (16" – 19")	8.3cm (3 ¼")	PCC3 / 325
Extra Large	48.3cm plus (19" +)	8.3cm (3 ¼")	PCC4 / 325
Small	25.4cm - 33.0cm (10"-13")	10.8cm (4 ¼")	PCC1 / 425
Medium	33cm – 40.6cm (13" – 16")	10.8cm (4 ¼")	PCC2 / 425
Large	40.6cm – 48.3cm (16" – 19")	10.8cm (4 ¼")	PCC3 / 425
Extra Large	48.3cm plus (19" +)	10.8cm (4 ¼")	PCC4 / 425

- > provides stable & comfortable support – immobilising the cervical spine with front & back reinforcement
- > ventilation openings including large trachea opening
- > easy to store with two-piece contoured shell with Velcro® fastenings
- > water resistant & simple to clean with lukewarm water & neutral soap
- > used post-operatively after luxations & luxation fractures.



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